SUPPORTED INDEPENDENT LIVING · SIL HOME PROFILE

# Heidelberg Heights — Supported Independent Living

careable

**1 vacancy · Female only · Available now · Updated 1 October 2026**

A female-only Supported Independent Living home in Heidelberg Heights, in Melbourne's north-east, five minutes from the Austin Hospital. One room is available now in a single-storey, fully furnished home with staff on site 24 hours.

## The home

- Single storey
- 3 bedrooms — 2 resident rooms and 1 staff room
- 1 bathroom
- Fully furnished resident rooms (bed and wardrobe)
- Shared kitchen, living area and outdoor space
- Not wheelchair-accessible: standard bathroom, no hoist, no step-free access

## Who this home is for

This is a female-only home.

## Practical

- Heidelberg train station: 5 minutes
- Austin Hospital: 5 minutes by car
- Shops, cafes and buses within walking distance
- Available now
- Rent and board discussed at enquiry
- Smoking outside only

## Support

- Staff on site 24 hours
- Support ratio matched to funding: 1:1, 1:2 or 1:3
- Overnight sleepover or active night, according to the NDIS plan
- We are registered to implement behaviour support plans
- Psychosocial disability supported, including after a hospital stay and step-down from PARC or SECU

## Suits / does not suit

**Suits**

Women with psychosocial disability or complex daily-living needs who are mobile and benefit from a structured, staffed home close to Austin Health.

**Does not suit**

- People who need wheelchair access, hoisting or a fully accessible bathroom
- Men

## Our commitments to referrers

1. Every referral, enquiry and SIL enquiry acknowledged within one business day.
2. A clear answer on capacity within two business days — often the same day.
3. Referrals handled directly by our leadership team — call 1300 332 433 or email cx@careable.com.au.
4. A written first-week status note to the family and the referrer for every new placement.
5. Discharges supported from Austin Health, Northern Health and St Vincent's Melbourne.