What Careable does

Easy Read · Careable · October 2026

This is an Easy Read document from Careable.

Who we are

Careable is an **NDIS provider**.

An **NDIS provider** gives supports to people with disability. The NDIS pays for the supports.

The NDIS Commission has checked us.

Our number is 4-GL94SW1.

Where we work

We are in South Morang.

We work in the north of Melbourne.

Places like Heidelberg, Macleod, Greensborough and Bundoora.

Supported Independent Living

We have 2 homes where people live with support.

One home is in Heidelberg Heights. It is for women.

One home is in Macleod. It is for men.

Staff are there all day and all night.

You share the home with 1 other person.

Support in your home

We can help you in your own home.

Cooking. Cleaning. Personal care. Medication.

Support in the community

We can help you go out.

Shopping. Appointments. Activities. Seeing friends.

Help after hospital

We can help you leave hospital and go home.

We talk to the hospital.

We plan the first days at home with you.

Mental health

We support people with **psychosocial disability**.

Psychosocial disability is when mental health makes daily life hard.

We help with routines, appointments and feeling settled.

Nursing

Our nurses can visit you at home.

How to contact us

Call **1300 332 433**

Email **cx@careable.com.au**

We will tell you we got your message within **1 working day**.

You can bring a family member or advocate.

Tell us if you need an interpreter.

We will help you get one.