

What Careable does

Easy Read · Careable · September 2026



This is an Easy Read document from Careable.

Who we are



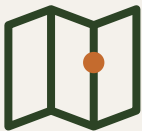
Careable is an **NDIS provider**.

An **NDIS provider** gives supports to people with disability.
The NDIS pays for the supports.

The NDIS Commission has checked us.

Our number is 4-GL94SW1.

Where we work



We are in Bundoora.

We work in the north of Melbourne.

Places like Heidelberg, Macleod, Greensborough and Bundoora.

Supported Independent Living



We have 2 homes where people live with support.

One home is in Heidelberg Heights. It is for women.

One home is in Macleod. It is for men.

Staff are there all day and all night.

You share the home with 1 other person.

Support in your home



We can help you in your own home.
Cooking. Cleaning. Personal care. Medication.

Support in the community



We can help you go out.
Shopping. Appointments. Activities. Seeing friends.

Help after hospital



We can help you leave hospital and go home.
We talk to the hospital.
We plan the first days at home with you.

Mental health



We support people with **psychosocial disability**.

Psychosocial disability is when mental health makes daily life hard.

We help with routines, appointments and feeling settled.

Nursing



Our nurses can visit you at home.

How to contact us



Call **1300 332 433**

Email **cx@careable.com.au**



We will tell you we got your message within **1 working day**.

You can bring a family member or advocate.

We can get an interpreter for free.